<table>
<thead>
<tr>
<th>Date</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
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</thead>
<tbody>
<tr>
<td>Dec-17</td>
<td>Split Pea &amp; Ham (GF)</td>
<td>Spanish Chicken &amp; Rice (GF)</td>
<td>Chef’s Choice</td>
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<tr>
<td>Dec-18</td>
<td>Vegetable Lentil (GF) (VGN)</td>
<td>Potato Leek (V)</td>
<td>Chef’s Choice</td>
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<tr>
<td>Dec-19</td>
<td>Vegetable Side</td>
<td>Fresh Stock</td>
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<td>Dec-20</td>
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<td>Dec-21</td>
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<td>Dec-22</td>
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<td>Dec-23</td>
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**Fresh Stock**

- **All Day**
  - Split Pea & Ham (GF)
  - Spanish Chicken & Rice (GF)
  - Chef’s Choice

- **All Day Vegetarian**
  - Vegetable Lentil (GF) (VGN)
  - Potato Leek (V)
  - Chef’s Choice

- **All Day Chili**
  - Turkey Chili

**Spoon & Fork**

**Breakfast**
- Chocolate Chip Pancakes (V)
- French Toast (V)
- Bacon & Swiss Strata

**Lunch**
- Maryland Style Baked Fish
- Squash & Water Chestnuts (GF) (VGN)
- Broccoli & Cauliflower (GF) (VGN)
- Steamed Green Beans (GF) (VGN)
- Potato Leek (V)
- Chef’s Choice
- Turmeric Rice

**Dinner**
- Balsamic Marinated Roasted Chicken with Fresh Tomato Sauce
- Baked Pesto Chicken (GF)
- Buttered Egg Noodles

**Vegetable**
- Sauteed Zucchini & Sweet Onions (GF) (VGN)
- Wilted Spinach and Tomatoes (VGN)
- Lima Beans & Red Peppers (GF) (VGN)
- Mexican Corn (VGN)
- Spanish Rice

**Starch**
- Herbed Rice Pilaf (GF) (VGN)
- Garlic Bread (V)
- Buttered Egg Noodles

**Spoon & Fork Cold**

- Lunch
  - Balsamic Marinated Roasted Chicken with Fresh Tomato Sauce
  - Beef Tacos
  - Closed

- Dinner
  - Steakhouse Dog with Tomato, Onions, & A1 Sauce
  - Smoked Gouda Cheeseburger with Crispy Onions
  - No Special

**The Grill**

- All Day Daily Feature
  - Steakhouse Dog with Tomato, Onions, & A1 Sauce
  - Smoked Gouda Cheeseburger with Crispy Onions
  - No Special

**Noodle Bar**

- Pasta Bar (Pasta)
- Penne
- Farfalle (Pasta Sauces)
- Traditional Marinara, Alfredo and Oil
- Garlic (Toppings & Proteins)
- Diced Chicken, Mini Meatballs and Sausage (Vegetables)
- Tomato, Green Peppers, Red Peppers, Onions, Spinach, Garlic, and others (Cheese)
- Mozzarella and Parmesan (Vegetarian Option Available)

**V2**

- Lunch
  - Vegan Caprese Salad with Marinated Tofu, Basil Olive Oil & Balsamic Glaze (GF) (VGN)
  - California Roco Burger with Sliced Tomato & Avocado. Served with House-made Chips (V)

- Dinner
  - BBQ Tempeh with Three Bean Ragout (GF) (VGN)
  - Yellow Lentil Dal with Tofu (GF) (V)
  - Closed

**Delish: Custom Kitchen**

- All Day
  - Beef Barley
  - Chicken Lo Mein Noodles
  - Pork Bulgur Wheat

**The Oven**

- All Day
  - Mexican Pizza
  - Broccoli Cheddar Pizza (V)
  - No Special

*For complete allergen and dietary information, please download our FoodU App. Menu is subject to change.